I Care for Your Safety and Comfort-Am I Doing Timely Pain Re-assessment Saleena Sawdha, MSN, RN, MHA, ONC, CNML



BACKGROUND

Timely pain reassessment, and addressing it timely can

- > Improve patient comfort, safety and satisfaction.
- ➤ Patient compliance and participation in treatment plan
- ➤Improve patient outcomes, early recovery and healing
- > Reduced length of stay

4North unit in UMC in May 2020 had a pain reassessment score of only 72%. The unit leadership and staff perceived the need to improve the compliance

PURPOSE

Improve the pain reassessment unit compliance score >90% every month from July 2020 onwards.

METHODS

PDSA MODEL is followed

Plan - Phase 1- May 2020 Problem identification, gap analysis.

Do - Phase 2- June 2020. Education and feedback.

Study - Phase 3- August 2020

Monitor the progress and feedback to the staff **Act** - Phase 4- September 2020 – Monitor the progress, feedback and celebration.

STRATEGY AND IMPLEMENTATION

In May 2020 4 North unit leadership and the staff perceived the need to improve the pain reassessment score >90% every month.

The following steps were implemented

- 1. Clinical manager met with the clinical nurse specialist in training, discussed the problem and some possible solutions.
- 2. Clinical manager had 1:1 meeting with the staff, identified educational gaps and provided education.
- 3. Clinical manager provided coaching to the charge nurses to continue chart auditing every shift and provide coaching and timely correction for the staff.
- 4. Biweekly staff compliance report is reviewed, identified the staff with compliance issues and provided timely correction.
- 5. Posted monthly compliance of the unit, name of the staff who have >90% score.
- 6. Selected monthly raffle winner who scored >95% score and celebrating every month as a motivation .



RESULTS

4North unit pain reassessment compliance from May 2020 to September 2020

- May 72%
- June 84%
- July 91%
- August 93%
- September -94%

The education and encouragement of the staff improved the compliance from 72% to >90% monthly .

CONCLUSIONS

The project achieved the objectives to a greater extent . The projects relevance can be tested in different settings to evaluate the accuracy of the outcomes .

REFERENCES

Available upon request

